



Level 1 Online Introduction to Synergetic Play Therapy Program Group Consultation Details

Group Consultation - These 60-minute, mandatory monthly consultations are a time for you to personalize the material of the program to deepen your learning.

Consultation helps you explore and integrate the concepts of SPT in a way that is meaningful to you. During consultation, you have the opportunity to discuss how you are applying SPT into your work/practices, share challenges and progress, and deepen your understanding of basic SPT concepts. Your group will likely consist of a diverse group of individuals allowing you to also hear how others are integrating what they are learning into ways that are meaningful to them and their specific population of children and even cultural backgrounds. These consultation groups are not focused on individualized case consultation, but rather concept consultation.

Here are a few details about group consultation and some things that might be helpful for you to know:

During your first group, you will spend time getting to know each other and will begin to discuss the program content that you are learning. In order to prepare, spend some time thinking about how you want to apply what you are learning into your life and/or work.

Generally, group consultation follows a set format and will be guided/facilitated by your SPT Consultant:

1. Check in with a reflection question
2. Each month has a specific content focus for group discussion - this will be the time to talk about how you are applying the concept to your life and/or work and to deepen your understanding. The content focuses are based on the primary skills being worked on at the Introductory level.
3. Close with "takeaways" from your time together and your plan for what you can focus on during the next month in between modules.

As a reminder, you are required to carry current malpractice insurance and abide by the rules outlined by your governing board.

A little bit about your SPT Consultants - They are Certified Synergetic Play Therapists and Certified Synergetic Play Therapy Supervisors! They are awesome and will be a huge asset to you throughout this program!

Group Consultation Attendance Policy

As a reminder, attendance at all scheduled Group Consultations is required. Students who miss a Group Consultation for any reason must purchase and complete an individual, Make-Up Consultation to be completed with their SPT Consultant.

Exceptions to the above policy will be considered in cases of emergency or circumstances beyond the student's control. Students should direct any questions to their SPT Consultant.

Individual Consultation Attendance Policy - With 48 Hours' Notice

Attendance at all scheduled Individual Consultations is required. Students who need to reschedule an Individual Consultation must provide at least 48 hours' notice to their SPT Consultant. The student and consultant are responsible for finding an agreeable time to reschedule.

Individual Consultation Attendance Policy - WITHOUT 48 Hours' Notice

Students who miss a scheduled Individual Consultation without notice, or who cancel less than 48 hours before the scheduled consultation, must purchase and complete a Make-Up Consultation to meet the program requirement.

Exceptions to the above policy will be considered in cases of emergency or circumstances beyond the student's control. Students should direct any questions to their SPT Consultant.

Should you have any other questions, please contact the Institute by emailing info@synergeticplaytherapy.com