



Level 1 Online Introduction to Synergetic Play Therapy® Program Group Consultation Details

Group Consultation - These 60-minute, mandatory monthly consultations are a time for you to personalize the material of the program to deepen your learning.

Consultation helps you explore and integrate the concepts of SPT in a way that is meaningful to you. During consultation, you have the opportunity to discuss how you are applying SPT into your work/practices, share challenges and progress, and deepen your understanding of basic SPT concepts. Your group will likely consist of a diverse group of individuals allowing you to also hear how others are integrating what they are learning into ways that are meaningful to them and their specific population of children and even cultural backgrounds. These consultation groups are not focused on individualized case consultation, but rather concept consultation.

Here are a few details about group consultation and some things that might be helpful for you to know: During your first group, you will spend time getting to know each other and will begin to discuss the program content that you are learning. In order to prepare, spend some time thinking about how you want to apply what you are learning into your life and/or work.

Generally, group consultation follows this format and will be guided/facilitated by your SPT Consultant:

1. Check in with a reflection question
2. Each month has a specific content focus for group discussion - this will be the time to talk about how you are applying the concept to your life and/or work and to deepen your understanding. The content focuses are based on the primary skills being worked on at the Introductory level.
3. Close with “takeaways” from your time together and your plan for what you can focus on during the next month in between modules.

As a reminder, you are required to carry current malpractice insurance and abide by the rules outlined by your governing board.

A little bit about your SPT Consultants - They are Certified Synergetic Play Therapists and Certified Synergetic Play Therapy Supervisors! They are awesome and will be a huge asset to you throughout this program!

If you have to miss your consultation, please contact your Consultant and let them know **48 hours in advance**. If you miss a group consultation, you will need to make up your consultation with your consultant and will be charged separately for an individual consultation through the SPTI (please email info@synergeticplaytherapy.com to arrange payment). Please refer to your Online Introduction to Synergetic Play Therapy Program Agreements for more information.