



2025-2026 Synergetic Play Therapy Institute Externship Consultant Training Program Info Sheet

What is the Externship Consultant Training Program?

The Synergetic Play Therapy Institute Externship Consultant Training Program is designed to offer a clinically-rich learning environment as well as introduce potential Introduction to Synergetic Play Therapy Consultants to SPTI programming.

This program provides Externs with an opportunity to learn while getting a preview of the Introduction to Synergetic Play Therapy Consultant experience before making a full commitment. Externs will be supported in deepening their SPT consultation skills, especially centered on facilitating group consultation at the Introduction to Synergetic Play Therapy level. As Externs move through the program, they will also receive orientation to the Synergetic Play Therapy Institute's values-driven systems and protocols. In addition, Externs can earn 26 CE credits by participating in and successfully completing the Introduction to Synergetic Play Therapy program. These credits can be utilized in a number of ways, including renewal of your Certified SPT Credential.

To be considered as a candidate for the program, individuals must meet the following experience and educational requirements:

- Must have completed the Becoming a Certified Synergetic Play Therapy Supervisor program
- Must have more than 2 years of supervisory experience outside of the SPTI with more than 2 supervisees
- Must have worked with play therapy clients regularly using the Synergetic Play Therapy model (5 minimum a week) in the past two years
- Must be comfortable with group consultation facilitation
- Must be current in both the Certified Synergetic Play Therapist and Certified Synergetic Play Therapy Supervisor credentials
- Must be willing to work with students from around the world and in time zones different than their own
- Hold a current and valid license (or the equivalent in your state/country), to provide mental health services as determined by your governing board.
- Currently credentialed to provide supervision or meet the criteria to provide supervision in your area, as determined by your governing board.

During the Synergetic Play Therapy Institute Externship Consultant Training Program, Externs will have the opportunity to participate as "consultants" for one round of the six-month Online Introduction to Synergetic Play Therapy program, while receiving additional training and support before and during the program.

Once the program is completed, and after a discussion of readiness with the Program Consultant Coordinator and Supervisor Trainer, participants may have the opportunity to move into a paid,

independent contractor position as a Synergetic Play Therapy Consultant for Introduction to Synergetic Play Therapy programs. The contract will include participation in 5 more rounds of the program.

The Synergetic Play Therapy Institute Externship Consultant Training Program begins in September with orientation and training. Then, the cohort is divided into two groups: one will support the 6-month October Online Introduction to Synergetic Play Therapy program and the other will support the 6-month January Online Introduction to Synergetic Play Therapy program.

Externship Consultant Training Program Schedule: *(All times are in Mountain Time, Denver)*

All Trainings are required as they are an integral part of the Externship experience.

- **Informational Meeting - May 29, 2025, 5-6pm MST**
This meeting is for approved applicants and will offer an overview of the Externship program. If accepted you will be asked to attend.
- **Module 1: Introduction to Externship - September 2, 2025, 5-7pm MST**
This training is designed to orient Externs to the Externship program, the SPTI's mission/vision, the SPTI's systems and protocols, and what it means to be an SPT Consultant.
- **Module 2: Content Review - September 23, 2025, 5-6:30pm MST**
Externs will have an opportunity to learn directly from Lisa as the Introduction to Synergetic Play Therapy program key teaching points are clarified and reviewed. This training is designed to help build confidence and clarity as Externs will need to be able to teach and discuss concepts with their students.
- **Module 3: Consultation Review - October 7, 2025, 5-7pm MST**
In this training module, Externs will have an opportunity to review and deepen their understanding of what it means to be an SPT Supervisor. This knowledge will be translated into the role of a consultant while Externs have the opportunity to practice complicated scenarios and develop skills to facilitate both individual and group consultation.
- **Module 4: SPTI Resources Training - (Dates for this module are different for each extern group: October 2025 cohort and January 2026 cohort.)**
This training module is designed to help Externs understand the basic principles behind upselling products and services. Through experiential role plays, Externs will learn how to support students in making decisions about how they would love to continue to learn about Synergetic Play Therapy (courses, on-going consultation, etc.) and is an important part of continued student engagement.
 - **October 2025 cohort: January 6, 2026, 5-6pm MST**
 - **January 2026 cohort: TBD**
- **Module 5: On-going Training/Program Support**

This module consists of on-going support by the Program Consultant Coordinator and Supervisor Trainer. Monthly Admin check-ins (1 hour) with the Program Consultant Coordinator and the Intro Consultant team, cover administrative tasks and offer a sense of community. Monthly Consultation groups with the Supervisor Trainer (1.5 hours) support the clinical process of consultation.

In addition to the training modules, Externs will receive additional consultation training and support through meeting with the Supervisor Trainer at the beginning and the end of the program to discuss current clinical skills and set professional consultation goals. Externs will also receive additional support via the Lead Consultant midway through the program and at the end of the Externship to discuss whether they are ready for, and interested in, an Intro to Synergetic Play Therapy Consultant contract position.

Extern responsibilities will include the following:

- Work with a diverse group of students both domestically and internationally.
- Work with a minimum of 4 students with a maximum of 12 students (between 1 and 3 groups) during the 6-month Online Introduction to Synergetic Play Therapy program.
- Provide 60-minute group consultation(s) each month during the program.
- Provide a make-up individual consultation of 30 or 50-minutes to students who are unable to attend a group consultation.
- Provide up to three 50-minute Pre-Certification consultations, monthly, to Intro students who apply for the Level 2 Synergetic Play Therapy Certification program to help prepare them for the program, adhering to the guidelines for Pre-Certification provided in your Externship course site
- Participate in the 6-month Online Introduction to Synergetic Play Therapy program alongside their students - including attendance at all live webinars for student support and watching all module videos.

Application Instructions:

Online applications must be submitted by **May 8, 2025**, and candidates must respond to all questions in the application to be considered for the Synergetic Play Therapy Institute Externship Consultant Training Program. Once you submit the online application, you will receive a confirmation email that it has been received.

The application will be reviewed and those that are selected will be notified within 1 week of receiving the application to provide additional information about the required Informational Meeting, scheduled for May 29, 2025, 5-6pm Mountain Time (Denver).

If the application is not accepted at this time, applicants will be notified of the decision via email.

For any questions regarding this process or the program itself, please contact the Institute at info@synergeticplaytherapy.com.