



Becoming a Certified Synergetic Play Therapy Supervisor Program Learning Objectives

Module 1: Navigating the complexities of ethics in play therapy supervision

- Examine the concept of dual relationships given that a parallel process of moving towards challenges is always present in our work with supervisees
- Analyze the complexities of navigating supervisor authenticity while maintaining dual awareness in the supervisory relationship
- Explore the SPT concept of not being an “expert” from a supervisory lens

Module 2: What does it mean to be a Synergetic Play Therapy Supervisor?

- Identify the SPT Supervisor Tenets
- Review SPT Skill sets as a framework to assess supervisees in these skills
- Assess supervisee’s stage of therapeutic development and support the process of change

Module 2 (cont.): Synergetic Play Therapy tenets and concepts for supervisors through a cultural opportunity lens

- Explain the role of the Synergetic Play Therapy Supervisor Through a Cultural Lens
- Identify the difference between Cultural humility and Cultural Opportunity in play therapy
- Analyze core Synergetic Play Therapy concepts such as the set-up or offering and perceived threats from a cultural opportunity lens, and how this impacts supervision

Module 3: Beginning our work with supervisees

- Demonstrate a developmental approach to working with supervisees
- Use reflective awareness during supervision sessions to model and promote this skill for supervisees
- Identify the parallel process among supervisee, clients, and caregivers/systems

Module 4: Deepening our understanding of Synergetic Play Therapy concepts

- Examine the continuum of dual awareness as an informative tool in supporting growth for both supervisee and supervisor
- Analyze your patterns of presence with supervisees to strengthen your ability to be an external regulator
- Demonstrate an ability to balance moment to moment attunement with providing structure during supervision sessions

Module 5: Embodying Synergetic Play Therapy principles in supervision

- Identify sensitivities that make it challenging to maintain dual awareness and engage in reflective awareness
- Examining strategies that support working with self and supervisees’ perceptions
- Analyze behavioral patterns and neural templates as a tool to promote self-awareness and increase the ability to hold a larger perspective

Module 6: Attachment to self as the cornerstone of supervision

- Construct a definition of authenticity that is meaningful to the supervisee
- Examining “shoulds” and other issues that move us away from attachment to self
- Conceptualize how different SPT concepts support promoting attachment to self

Module 7: Empowerment and overcoming challenges for supervisors and supervisees

- Identify and track empowerment and overcoming challenges in supervisees
- Examine and track your own developmental process
- Conceptualize and present case and clinical issues in your work with a supervisee

Module 8: Group supervision through a Synergetic Play Therapy lens

- Apply Synergetic Play Therapy Supervisor Tenets to group supervision
- Discuss strategies to support a play therapy supervision group when challenging group dynamics arise
- Explore how to become a play therapy supervision group’s external regulator

Module 9: Applying Synergetic Play Therapy tenets and concepts in supervision through a cultural opportunity lens

- Construct a deeper understanding of the complexities and layers of how diversity can be present and impact supervision/consultation sessions
- Identify your questions and challenges in doing supervision through a cultural opportunity lens

Module 10: Transitions and endings in supervision through a Synergetic Play Therapy lens

- Discuss intentional endings to supervisory relationships
- Explore the journey of becoming a Synergetic Play Therapy Supervisor
- Examine the implications for Synergetic Play Therapy Supervisors’ commitment to on-going growth and development

One-on-one supervisory support through a Synergetic Play Therapy lens - Individual Consultation

- Utilize video review to support understanding and applying SPT Supervisor tenets, principles and methods
- Develop goals, strengths and areas for growth from an SPT Supervisory lens
- Tack your own progress throughout the course through reflection and self-analysis of your work with supervisees

Identifying and addressing clinical issues in supervision - Group Consultation

- Apply concepts and learning in practical ways with supervisees
- Analyze various clinical supervisory issues that arise and ways to support the play therapy supervisee’s growth and learning
- Explore and practice group consultation skills within the framework of the group process

Independent study analyzing video segments of supervision and client sessions

- Apply Synergetic Play Therapy supervision tenets to recorded video supervision and client sessions
- Identify clinical issues arising in supervision and client sessions
- Create and discuss plans for your approach in working with individual supervisees, giving rationale for your thinking