



Video: Synergetic Play Therapy® and Cultural Humility Reflection #2

After watching the Synergetic Play Therapy® and the Cultural Humility video, please walk through your play space and room and think about your clients. Notice your toys, feel the space, and reflect on what you notice.

Additional Resources:

Lessons from the Playroom Episode 4: [What Our Playroom Says About Us](#)

Lessons from the Playroom Episode 151: [Multiculturalism in the Play Therapy](#)

Who are my clients? (niches)

Would my client feel welcome in my space? Would they see their own unique identity represented? (e.g., is it culturally sensitive, address sensory needs, does it emphasize ableism, is it a regulated space, etc?)

What do I need to do differently to support more inclusivity in my play space?