



Synergetic Play Therapy® Session Notes

Date of Session: _____

Session #: _____

Observable Play:

Developmental Task:

Therapist's Emotional/ Somatic Experience:

Conceptualization Statement - I am child, and what I want you to know is...

Progress Made Towards Goals (exploring struggles, recognizing new choice, empowering) as related to (symptom):

Other:

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Therapist's Emotional/ Somatic Experience:

Conceptualization Statement - I am child, and what I want you to know is...

Progress Made Towards Goals (exploring struggles, recognizing new choice, empowering) as related to (symptom):

Other:

Therapist Signature and Date