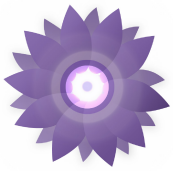

Welcome to the ONLINE INTRODUCTION TO SYNERGETIC PLAY THERAPY® Course!

We are so excited to have you join us for this 6-month journey in learning the basic components of Synergetic Play Therapy®

This course was designed for both beginners and advanced practitioners. The course includes a mix of three, one-hour LIVE webinars with Lisa Dion, six 2.5 hour recorded video courses, a bonus webinar (SPT & Teletherapy) and mandatory monthly group consultations with an SPT Supervisor/Consultant to help you integrate what you are learning. You will have access to course content for 2 additional months following the release of the final video.

This course gives you a total of **19 CE credits*** (Non-Direct Contact as aligned with the Association for Play Therapy's policy effective 2020)

If you are interested and/or qualify for APT-Approved CE credits, you will have the opportunity to print out one certificate, at the very end of the course.

*Synergetic Play Therapy Institute, APT Approved Provider 09-264
*Australian Play Therapists Association (APTA) Approved Provider
*British Columbia Play Therapy Association (BCPTA) Approved Provider

Course Content

- One-hour LIVE Webinar - The Foundation
- 1st video - Welcome & Understanding the Projective Process
- 2nd video - Exploring the Nervous System in the Playroom
- BONUS VIDEO - SPT in Teletherapy released
- 3rd video - Regulation – What It Is & What It Isn't
- One-hour LIVE Webinar - Symptoms in the Playroom Review
- 4th video - Working with Caregivers
- 5th video - Understanding Attachment & the Self-Object in Synergetic Play Therapy
- One-hour LIVE Webinar - Attachment and Attunement in the Playroom Review
- 6th/final video - Sand, Art & Aggression in Synergetic Play Therapy

Each class includes handouts, as well as a class outline.

Reminder emails- A week and a day before each video release, you will receive an email reminder at the email address you used to register for the course. We will also send you other little reminders throughout the course to help you along. If the course starts and you aren't getting these, please let us know and check your spam!

Required Reading

The book *Aggression in Play Therapy: A Neurobiological Approach for Integrating Extremes*, will be a reference guide as you participate in the course. Please finish reading the book by the end of this course. See Supplemental Reading Handout to understand which classes correspond with which chapters.

Synergetic Play Therapy Course Agreements

In order to take this course, you agree to the following:

- I understand that all of the content in this course is trademarked and copyrighted. I agree to not alter or teach the content of this course without permission from Lisa Dion and the Synergetic Play Therapy Institute.

- I understand that I will be receiving consultation during this course and that this consultation does not take the place of my primary supervision for my cases. I also agree to carry current malpractice insurance and follow the rules for any governing board that I am under.

- I understand that the information shared in consultation is for educational and information purposes only and does not constitute legal advice.

- I understand that I must have a mental health degree in order to receive continuing education credits from the Association for Play Therapy. For questions regarding eligibility to receive credits from the Association please contact them directly.

- I understand the following **Consultation cancellation/no-show policy:** If you have to miss your consultation, please contact your Consultant and let them know **in advance**. Your group consultations are required as a part of the program. If you would like to make up your consultation, you will be charged separately for an individual consultation through SPTI (please email info@synergeticplaytherapy.com to arrange payment).

  Please note: To successfully complete the course and/or be eligible for the SPT Certification program, you can only miss one without making it up.

- I understand that I will be watching videos of client sessions in this course. I agree to not videotape or take photos of the client sessions and to respect confidentiality.

- I understand that the content viewed and links shared in this virtual-web based course is for personal and non-commercial use. Please know that you are not permitted to view the content of this virtual course with any person regardless of work, personal or family relation unless authorized in writing by SPTI.

- I understand that I am not permitted to record, copy in any way, distribue, transmit, display, reproduce, duplicate, publish, license, create derivative works from, or offer for sale any information and/or computer link contained on, or obtained from or through the Synergetic Play Therapy Institute.

- I understand that SPTI practices Equal Treatment of Students / Clients. SPTI does not discriminate on the basis of race, color, religion, sex, marital status, disability, pregnancy, veteran status, age or national origin in services or accommodations offered or provided to our students, clients, or guests.

- I agree to the remainder of the program rules and agreements as outlined in the Course Agreements quiz question #8.

Tips on How to Manage Your Time for the Course

- Watch the class videos within one to two weeks of being posted. To integrate the material, we recommend watching a video and then participating in a consultation session within 2-3 weeks to help you integrate the material into your professional and/or personal life.

- During each class you will be able to download a course lesson handout. This handout will provide you with a guide as you watch the videos, offer homework suggestions, reminders, material references and other cool stuff to help facilitate a successful learning experience.

- Take the quiz after each video.

- Attend your monthly group consultation with your Consultant. Consultation helps you explore and integrate the concepts of SPT in a way that is meaningful to you. During consultation you have the opportunity to learn from other group members and to discuss how you are applying SPT into your work/practices, share challenges and progress, and deepen your understanding of basic SPT concepts. You are encouraged to explore ways to apply SPT in a wide range of settings including schools, mental health centers, home-based services, in your personal life, etc. (whatever is applicable to you), as well as with various populations (e.g., children, teens, families, adults).

- Participate in the LIVE webinars. It's a great opportunity to ask questions and further integrate what you are learning!

Credentials and Advertising Yourself

To help you better understand what you can call yourself and how you can advertise yourself after completing the course, the following is outlined for you.

Credentials. Those who complete the Introduction to Synergetic Play Therapy® training can say they have received "**training in Synergetic Play Therapy®**" but not that they are "Certified Synergetic Play Therapists" or a "Trained Synergetic Play Therapist." The "Certified Synergetic Play Therapy" title is only for those that have completed the requirements to be certified. If you earn your certification, you will be eligible to be listed on the Synergetic Play Therapy website.

Advertising. If you want to mention SPT on your website and/or on marketing materials, you must use the descriptions on the SPT website and provide a link to synergeticplaytherapy.com. We appreciate your understanding with this as it is important that SPT be described accurately. Please feel free to copy and paste from the SPT website for your description.

Further, we ask that you not have a sole specific “website page” dedicated to Synergetic Play Therapy® on your personal website where the URL would read like this: janelletherapy.com/synergeticplaytherapy.com. It is recommended to include information about Synergetic Play Therapy in your “About” section or include a link back to our website: www.synergeticplaytherapy.com if you want to talk about the type of play therapy you do.

We look forward to being a part of this transformational journey! With much gratitude and appreciation for you, your enthusiasm, and investment in this course.

Warmly,
Lisa & your team of SPT Consultants