



Uninspired To-Dos Worksheet

If you can't delegate uninspired to-dos or find yourself uninspired as you build your dream, use this worksheet to help link the uninspired activities to your dream and what is most important to you in order to begin to see them as "on the way" instead of "in the way"

UNINSPIRED ACTIVITIES/TO-DOS	LINK IT: HOW IS IT SUPPORTING WHAT IS MOST IMPORTANT TO YOU?
Ex. Set up a system for all client paperwork and billing to be automated	If a high value is relationship, automating paperwork and billing allows for more time to be spend in the clinical relationship and minimizes paperwork and billing confusion which can negatively impact the relationship.