

## Finances Worksheet

Use this worksheet to help you gain clarity about your finances and what you would love to receive. Remember the bank wants to give money to individuals that demonstrate they know what they would do with the money and have organization in place to manage the money.

Answer the following questions:

- 1. When I think about what I would love to create, how much money would I love to make? Add this to my strategic plan.
- 2. What would I do with the money if I were to receive it? Detail it out. (Notice if your answer doesn't include saving. When you don't save, you don't grow your wealth and you keep yourself in a position of working for money instead of money working for you). Add this to my strategic plan.
- 3. Why do I deserve the money I would love to make? Make a list until I feel I do deserve it.
- 4. What service am I willing to provide in order to receive this money? List it out until I feel and can see that I am in fair exchange between giving and receiving. Very important!
- 5. What guilts/shames do I hold inside and what am I willing to do to integrate them? Remember, guilt and shame blocks the ability to create and receive money.
- 6. What steps do I need to put into place to get my financial house organized? Add these to my to-do list and put time frames on my steps.