



SYNERGETIC
PLAY THERAPY
INSTITUTE™

Skill Development in Synergetic Play Therapy™ for Supervisors-

SPT Supervisor Course

Supervisor's Name: _____ Date: _____

Lead Supervisor's Name: _____

Please indicate the supervisor's performance level in the following areas by filling in the appropriate number, with (1) being poor, (2) being fair, (3) being good, (4) being very good, (5) being excellent

SPT Basic Supervisory Skills:

Understand and utilize the Synergetic Play Therapy Supervisor Tenets _____

Understand the importance of making sure supervisee's are working on basic play therapy skills first _____

Understand the importance of identifying one key skill for the supervisee to be working on _____

Able to use regulation for both self and for supervisee in supervision sessions _____

Able to use experientials to facilitate supervisee's connection to their body _____

Understand "The Set Up" in the Supervisory relationship _____

Understand the importance of communicating in your supervisee's goals and values _____

Able to explain and discuss any SPT concepts that may support a supervisee in their work (within the parameters of that supervisee's understanding of SPT). SPT topics that might support your supervisee include: Explaining "The Set-Up/The Offering" in SPT; Understanding the Nervous System; Understanding what regulation is and what it is not; Working with Parents/Caregivers; working with sand, art, aggression; Working with the Self Object; Becoming the External Regulator, etc _____

Understand how to help supervisee track empowerment through the Therapeutic Stages and use of Starting Points (their clients as well as their own) _____

Understand how to help your supervisee when they feel lost in the play therapy process and get back on track _____

Able to support your supervisee to learn how to set boundaries in the playroom _____

Understand the various types of reflections used in SPT (observational, body, limbic, cortex and relational based) and know how to support your supervisee in expanding their use of these reflections _____

Strengths:

Areas for Growth: