



### **Welcome to the SYNERGETIC PLAY THERAPY® SUPPLEMENTAL COURSE!**

We are so excited to have you join us for this 6-month journey in learning the basic components of Synergetic Play Therapy®<sup>M</sup>. As a reminder, the Supplemental course is open to those who have already completed an SPT-focused two-day training with Lisa Dion. It is an online course that supplements the information not received during the two-day training by providing the bigger Synergetic Play Therapy® picture through expansion and review.

This course was designed for both beginners and advanced practitioners. The course includes nine hours of recorded content, six 1-hour monthly group consultations with an SPT Supervisor/Consultant to help you integrate what you are learning, plus a live bonus webinar -SPT and Teletherapy. All course content is released at the time of registration giving you the opportunity to learn at your own pace. You will have access to the content until 7 months from the time you register. This course is completed with completion of the course content and the six group consultations.

If you are interested and/or qualify for APT-Approved CE credits, you will have the opportunity to print out a certificate after watching each recording and taking a short quiz.

This course gives you a total of **22 Non-Contact CE credits\*** (credits are aligned with the Association for Play Therapy's policy effective 2020)

### **Course Content**

- Video course 1: Welcome to Synergetic Play Therapy®
- Video course 2: Exploring the Nervous System in the Play Room: A Synergetic Review
- Video course 3: More Synergetic Play Therapy®
- Video course 4: Working with Caregivers
- Video course 5: Understanding Attachment in Synergetic Play Therapy®
- Video course 6: Sand, Art and Aggression in Synergetic Play Therapy®
- Plus an EXTRA BONUS WEBINAR - SPT and Teletherapy

*Each class includes handouts to help you along.*

### **Required Reading**

The book *Aggression in Play Therapy: A Neurobiological Approach for Integrating Extremes*, will be a reference guide as you participate in the course. Please read the book by the time you finish the course.

### **Synergetic Play Therapy Course Agreements**

In order to take this course, you agree to the following:

- I understand that all of the content in this course is trademarked and copyrighted. I agree to not alter or teach the content of this course without permission from Lisa Dion and the Synergetic Play Therapy Institute.
- I understand that I will be receiving consultation during this course and that this consultation does not take the place of my primary supervision for my cases. I also agree to carry current malpractice insurance and follow the rules for any governing board that I am under.
- I understand that the information shared in consultation is for educational and information purposes only and does not constitute legal advice.
- I understand that I must have a mental health degree in order to receive continuing education credits from the Association for Play Therapy. For questions regarding eligibility to receive credits from the Association please contact them directly.
- I understand the following **Consultation cancellation/no-show policy**: If you have to miss your consultation, please contact your Consultant and let them know **in advance**. Your group consultations are required as a part of the program. If you would like to make up your consultation, you will be charged separately for an individual consultation through SPTI (please email [info@synergeticplaytherapy.com](mailto:info@synergeticplaytherapy.com) to arrange payment). **Please note: To successfully complete the course and/or be eligible for the SPT Certification program, you can only miss one without making it up.**
- I understand that I will be watching videos of client sessions in this course. I agree to not videotape or take photos of the client sessions and to respect confidentiality.
- I understand that the content viewed and links shared in this virtual-web based course is for personal and non-commercial use. Please know that you are not permitted to view the content of this virtual course with any person regardless of work, personal or family relation unless authorized in writing by SPTI.
- I understand that I am not permitted to record, copy in any way, distribute, transmit, display, reproduce, duplicate, publish, license, create derivative works from, or offer for sale any information and/or computer link contained on, or obtained from or through the Synergetic Play Therapy Institute.
- Please confirm the location and dates of your 2 day training with Lisa Dion. It is mandatory that you have taken 2 days of SPT training to be eligible for this Supplemental Course. If you have not taken a 2 day course with Lisa Dion, please email [info@synergeticplaytherapy.com](mailto:info@synergeticplaytherapy.com) for a refund of this course.

#### **Tips on How to Manage Your Time for the Course**

- Pace yourself! You do not need to rush the experience by watching all course content at one time. To integrate the material, it would be best to watch one course at a time and have your consultation session in between. We recommend watching a video and then participating in a consultation session within 2-3 weeks to help you integrate the material into your professional and/or personal life.

- During each class you will be able to download a course lesson handout. This handout will provide you with a guide as you watch the videos, offer homework suggestions, reminders, material references and other cool stuff to help facilitate a successful learning experience.
- Take the quiz after each video and PRINT OUT your CE certificate if you need it. The certificate does not save on the E-Learning platform.
- Attend your monthly group consultation with your Consultant. Consultation helps you explore and integrate the concepts of SPT in a way that is meaningful to you. During consultation you have the opportunity to learn from other group members and to discuss how you are applying SPT into your work/practices, share challenges and progress, and deepen your understanding of basic SPT concepts. You are encouraged to explore ways to apply SPT in a wide range of settings including schools, mental health centers, home-based services, in your personal life, etc. (whatever is applicable to you), as well as with various populations (e.g., children, teens, families, adults).

### **Credentials and Advertising Yourself**

To help you better understand what you can call yourself and how you can advertise yourself after completing the course, the following is outlined for you.

**Credentials.** Those who complete the Introduction to Synergetic Play Therapy training can say they have received "**training in Synergetic Play Therapy**" but not that they are "Certified Synergetic Play Therapists" or a "Trained Synergetic Play Therapist." The "Certified Synergetic Play Therapy" title is only for those that have completed the requirements to be certified. If you earn your certification, you will be eligible to be listed on the Synergetic Play Therapy website.

**Advertising.** If you want to mention SPT on your website and/or on marketing materials, you must use the descriptions on the SPT website and provide a link to [synergeticplaytherapy.com](http://synergeticplaytherapy.com). We appreciate your understanding with this as it is important that SPT be described accurately. Please feel free to copy and paste from the SPT website for your description.

Further, we ask that you not have a sole specific "website page" dedicated to Synergetic Play Therapy on your personal website where the URL would read like this: [janelletherapy.com/synergeticplaytherapy.com](http://janelletherapy.com/synergeticplaytherapy.com). It is recommended to include information about Synergetic Play Therapy in your "About" section or include a link back to our website: [www.synergeticplaytherapy.com](http://www.synergeticplaytherapy.com) if you want to talk about the type of play therapy you do.

***We look forward to being a part of this transformational journey! With much gratitude and appreciation for you, your enthusiasm, and investment in this course.***

Warmly,  
Lisa & your team of SPT Consultants