Welcome to the Level 1 Introduction to Synergetic Play Therapy Program!

We are so excited to have you join us for this 6-month journey in learning the foundational components of Synergetic Play Therapy.

This program was designed for both beginners and advanced practitioners. The program includes a mix of three, 1-hour LIVE webinars, six 2.5 hour recorded video modules, two additional video lessons on the topics *Synergetic Play Therapy and Cultural Humility* and *4 Challenges and the Set Up Through a Cultural Lens*, and 6 mandatory group consultations with a Synergetic Play Therapy Consultant to help you integrate what you are learning. You will have access to the course site and its contents for 2 additional months following the release of the final module. Please refer to your course site for all program dates.

Full completion of this program provides you the opportunity to earn a total of **26 CE Credit Hours**. Please see below for the Synergetic Play Therapy Institute's Approved Continuing Education Provider information. *Partial credit will not be awarded.*

Synergetic Play Therapy Institute has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 7450. Programs that do not qualify for NBCC credit are clearly identified. Synergetic Play Therapy Institute is solely responsible for all aspects of the programs.

Synergetic Play Therapy Institute is also an Approved Provider for the following associations:
*Australian Play Therapists Association (APTA) Approved Provider
*British Columbia Play Therapy Association (BCPTA) Approved Provider 23-01

Continuing education credit hours may be awarded to graduate-level counselors or students enrolled in a graduate-level mental health program. If you do not qualify for continuing education credit hours and would like to receive a certificate of completion for this program please contact the Institute directly.

If you are not a mental health professional and would like to receive a certificate of completion, please contact the Institute upon completion of the program.

Program Content:

- Webinar 1 – The Foundation
- Module 1 – Understanding the Set Up/Offering
- Module 2 – Understanding States of Activation
- Module 3 – Becoming an External Regulator
- Webinar 2 – Becoming an External Regulator Review + BONUS VIDEO: Synergetic Play Therapy & Teletherapy
- Video Lessons – Synergetic Play Therapy and Cultural Humility AND 4 Challenges and the Set Up Through a Cultural Lens
- Module 4 – Partnering with Caregivers/Tracking the Play
- Module 5 – Understanding Attachment & Emotional Age

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- Webinar 3 – Attachment and Attunement Review in the Playroom
- Module 6 – Sand, Art, & Aggression in Synergetic Play Therapy
- Book Review – Aggression in Play Therapy: A Neurobiological Approach for Integrating Intensity

Each module includes handouts, as well as a module outline to support you in taking notes throughout the program.

Group Consultation:

During the program, you will participate in 6, 1-hour consultations with an SPT Consultant. Ahead of the program start date, you were given the opportunity to select a Group Consultation time through submission of the *Group Consultation Assignment Form.* This form can also be found within the Group Consultation lesson of your course site.

Consultation is a mandatory part of the program, however, there are policies in place for scenarios where attendance is not possible. Please review the Introduction to Synergetic Play Therapy Program's consultation attendance policies, below:

Group Consultation Attendance Policy
Attendance at all scheduled Group Consultations is required. Students who miss a Group Consultation for any reason must purchase and complete an individual, Make-Up Consultation to be completed with their SPT Consultant.

Exceptions to the above policy will be considered in cases of emergency or circumstances beyond the student's control. Students should direct any questions to their SPT Consultant.

Individual Consultation Attendance Policy – With 48 Hours' Notice
Attendance at all scheduled Individual Consultations is required. Students who need to reschedule an Individual Consultation must provide at least 48 hours' notice to their SPT Consultant. The student and consultant are responsible for finding an agreeable time to reschedule.

Individual Consultation Attendance Policy – WITHOUT 48 Hours' Notice
Students who miss a scheduled Individual Consultation without notice, or who cancel less than 48 hours before the scheduled consultation, must purchase and complete a Make-Up Consultation to meet the program requirement.

Exceptions to the above policy will be considered in cases of emergency or circumstances beyond the student's control. Students should direct any questions to their SPT Consultant.

Required Reading:

The book *Aggression in Play Therapy: A Neurobiological Approach for Integrating Intensity*, will be your reference guide as you participate in the program. You will be required to finish reading the book by the end of this program. See the *Supplemental Reading Handout* in your course site to understand which modules correspond with which chapters. You will be asked to answer quiz questions about the book in your final module before receiving your CE Certificate.

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Synergetic Play Therapy Institute Program Agreements:

Before you will gain access to any other lessons in the program, you will first be required to complete the Program Agreements lesson, where you will be asked to review and agree to the Synergetic Play Therapy Institute's Program Agreements for this program. Below, we have highlighted a few key agreements for your reference, to read through the full document, please refer to the *Program Agreements* lesson of your course site.

By participating in this program you agree to the following:

- I understand that the information shared in this program is for educational and informational purposes only and does not constitute legal, medical, or clinical advice.
- I understand that this program includes consultation, case discussion, feedback, and educational support. Consultation provided through SPTI programs is educational in nature and does not constitute supervision, clinical direction, legal advice, or emergency support services. I understand that should the program require consultation, I will be required to comply with any Missed/Make-Up Consultation policies outlined in my program course site, including any additionally accrued costs.
- I understand that all clinical risk assessment, mandated reporting decisions, ethical determinations, treatment planning decisions, and clinical interventions remain my responsibility and/or the responsibility of my licensed supervisor, as applicable.
- I agree to carry current professional liability insurance when applicable and to practice in accordance with the laws, regulations, ethical codes, and licensing requirements governing my profession and jurisdiction, if applicable.
- I understand that live webinars during the program are recorded and available in the online course site until access expires.
- I understand that to be eligible for continuing education credit hours, I must be a graduate-level counselor or be enrolled in a graduate-level mental health program.
- I understand that the SPTI does not discriminate on the basis of age, race, color, national origin, sex, gender identity, sexual orientation, disability, veteran status, religion, or marital status in its educational programs, activities, or employment practices. The Institute complies with Title IX of the Education Amendments of 1972, Titles VI and VII of the Civil Rights Act of 1964 and regulations, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1990, and the Age Discrimination Act of 1975.
- I acknowledge that I understand the **refund policy** for the course/program for which I have registered, as detailed at the time of purchase on the course or program registration page and/or linked product page. For confirmation of the refund policy for a particular course/program, please contact us at info@synergeticplaytherapy.com to discuss.

Reminder Emails:

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Before each module/lesson release, you will receive an email reminder to the email address you used to register for the program. Your assigned SPT Consultant will also be using this email address as the primary form of communication with you.

If the program begins and you are not receiving these emails, please check your spam folders and/or reach out to us at the Institute for support.

Tips for Time Management:

- Watch the module videos within two weeks of their release date. To integrate the material, we recommend watching a video and then participating in a consultation session within 2-3 weeks to help you integrate the material into your professional and/or personal life.
- During each class you will be able to download a module outline handout. This handout will provide you with a guide as you watch the videos, offer homework suggestions, reminders, material references and other cool stuff to help facilitate a successful learning experience.
- Take the quiz after each video. You will not be allowed to move on to the next lesson until you have completed the quiz for the previous lesson.
- Attend your monthly group consultation with your Synergetic Play Therapy Consultant. Consultation helps you explore and integrate the concepts of Synergetic Play Therapy in a way that is meaningful to you and is a required part of the program. During consultation you have the opportunity to learn from other group members and to discuss how you are applying Synergetic Play Therapy into your work/practices, share challenges and progress, and deepen your understanding of basic Synergetic Play Therapy concepts. You are encouraged to explore ways to apply Synergetic Play Therapy in a wide range of settings including schools, mental health centers, home-based services, in your personal life, etc. (whatever is applicable to you), as well as with various populations (e.g., children, teens, families, adults).
- Participate in the LIVE webinars. Live webinars are a great opportunity to ask questions and further integrate what you are learning! If you are unable to attend live, a recording will be available for you within 24 hours of the live session.
- Read the book throughout the program. You will be asked to answer questions about it in your final module before receiving your CE Certificate.

Credentials and Advertising Yourself:

To help you better understand what you can call yourself and how you can advertise yourself after completing the program, the following is outlined for you.

Credentials. Those who complete the Introduction to Synergetic Play Therapy training can say they have received "training in Synergetic Play Therapy" but NOT that they are “Certified Synergetic Play Therapist” or “Certified Synergetic Play Provider” or a "Trained Synergetic Play Therapist." The “Certified Synergetic Play Therapist” or “Certified Synergetic Play Provider” title is only for those that have completed the Level 2 Synergetic Play Therapy Certification program. *If you choose to continue on and earn your certification, you will be eligible to be listed on the Synergetic Play Therapy website.*

Advertising. If you want to mention Synergetic Play Therapy on your website and/or on marketing materials, you must use the descriptions on the Synergetic Play Therapy website and provide a link to synergeticplaytherapy.com. We appreciate your understanding with this as it is important that Synergetic

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Play Therapy be described accurately. Please feel free to copy and paste from the Synergetic Play Therapy website for your description.

Further, we ask that you not have a sole specific “website page” dedicated to Synergetic Play Therapy on your personal website where the URL would read like this: janelletherapy.com/synergeticplaytherapy.com. It is recommended to include information about Synergetic Play Therapy in your “About” section or include a link back to our website: www.synergeticplaytherapy.com if you want to talk about the type of play therapy you do.

Refund and Cancellation Policy:

Refund Policy: A full refund of the program fee, minus a $150 USD non-refundable administrative fee, will be provided if the Synergetic Play Therapy Institute is notified within 30 calendar days of registration/enrollment in the program.

No refunds will be issued after 30 calendar days from the date of registration/enrollment in the program or after 4 weeks before the start of the program, whichever comes first. However, participants may transfer their payment to another program offered by the Institute or transfer their registration to a different year. Requests for transfers must be made at least 30 days before the start of the originally registered program.

In the case of an emergency situation that prevents participation in the program, please contact the Synergetic Play Therapy Institute directly to discuss your circumstances. Emergency considerations will be evaluated on a case-by-case basis at the Institute's discretion.

Should you have any questions, please do not hesitate to contact us by emailing **info@synergeticplaytherapy.com**.

Welcome to the SPT Community!

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