



## Becoming A Certified Synergetic Play Therapist®

Do you want to ....

- .... grow your capacity to be an external regulator for your clients?
- .... have a deeper understanding of interpersonal neurobiology in the playroom?
- .... enhance yours and your client's interoceptive capacity (change to define what it is)?
- .... understand regression and non-verbal states?
- .... develop confidence when working with parents in the playroom?
- .... handle emotional flooding with ease?
- .... work with sensory challenges?
- .... learn directive SPT interventions?

The SPT Certification program offers all of this and so much more!

With 87 hours of content, the Certification program propels you on a journey of inquiry about how healing truly occurs in the playroom. You will learn about **nervous system activation repatterning** and how **integration** occurs in the mind-body. You will study in-depth the **projective process and the mind, perceptions and memory, interpersonal neurobiology**, and will have a transformative understanding of **attachment theory**.

But this isn't the best part of this training. **The best part is what happens to YOU!** This program is designed to not only help you learn how to facilitate your client's healing, but also teach you about yourself, what drives you to be who you are, and **awaken your own authenticity** ... absolutely PRICELESS!!!!

### Program requirements to becoming a Certified Synergetic Play Therapist®

Attend both multi-day retreats (on-line option is available) and all online monthly classes

10 Self Observations: Complete 10 recorded sessions of your work with clients and complete a corresponding *Video Self-Observation* form for each session.

Complete two SPT Certification Skill assessments with your consultant.

#### 13 Consultation Sessions

- 6 individual consultation sessions and 3 small group sessions for a total of 9 hours during the program
- 4 Sessions Pre-Certification or Post- Certification (depending on when you completed Intro, Supplemental Intro or Intensive). If you are unable to complete your Pre-Certification consultations you can use them during the training.

Homework: Approximately 1-2 hours a month

- Homework includes Watching recordings of play therapy sessions and completing *Video Observation forms*; Personal Reflections, A book study (Lisa's) and Self-Observations of your own sessions.

#### Client Hours

- In order to receive your Certification at the end of the program, you need to complete a minimum of 350 client contact hours using the model. Hours accrued during Intro to SPT program, Supplemental Intro, Intensives and during Pre- Certification consultation leading up to the 9 month course all count towards these hours (as long as they were with an SPT Consultant).

\*To receive Certification strong attendance and completed homework required.



**\*\*Once certified, you must renew your Certified Synergetic Play Therapist credential every 3 -5 years depending on which *staying current* option you choose. Email [inf@synergeticplaytherapy.com](mailto:inf@synergeticplaytherapy.com) for the most up to date *staying current* options.**

### **Don't feel ready yet?**

Not a problem! Sometimes, we just need another year to get comfortable and practice before diving into a more advanced skill-set. If this is the case, there are various ways in which you can continue to learn and grow such as continued consultation, listening to Lisa's podcasts, and continuing to take courses with Lisa.

**Please note:** if you wait longer than 3 years to apply, you will need to retake an introductory course.

No matter what you choose, know that **you're the most important toy in the playroom!**