Vancouver Retreat: Please print for your reference:

LOCATION / DATES:

- UBC Robson Square 800 Robson St. Vancouver, BC V6Z 3B7.
- September 20th-22nd: Gallery Room

RETREAT SCHEDULE:

Day 1:

9-12 12-1 1-5	Class Lunch on your own for one hour Class (We might end closer to 4:30, but plan on 5)
Day 2: 9-12 12-1 1-4 4:15 - 5:00 6:00	Class Lunch on your own for one hour SPT Presentations Yoga SPT Community Dinner - appetizers will be provided
0.00	

Day 3:

8:30	Mindfulness Practice
9-12	Class
12-1	Lunch on your own for one hour
1-4	Class

DIRECTIONS:

 UBC Robson Square is located in downtown Vancouver on Robson Street between Hornby and Howe Street. The campus entrance is located beside the ice rink on the Plaza Level and may be accessed by stairways on either side of Robson at Howe Street, or by the elevator from the underground parkade. There is a wheelchair accessible entrance on the corner of Hornby and Robson Street that connects to all levels of the campus.

PARKING:

- In Vancouver's downtown core, turn south onto Howe Street a one-way street. The underground parkade is located on Howe at the corner before Nelson Street (right hand side). Hourly parking charges apply (below).
- Please visit the Impark website for updates and more information on payment methods, monthly rates and parking regulations. There is also limited meter street parking on Howe and Hornby Street.

- Mon-Fri 6am-6pm: \$4.75/hr (max \$18/day) Evenings After 6pm: \$4/hr (max \$8/ evening)
- Sat, Sun and Holidays 6am-6pm: \$3/hr (max \$9/day)
- If you are interested in prepaying for parking for members of your group, we recommend utilizing Impark's Pay by Phone service. More information can be found here: <u>https://www.impark.com/customers/pay-by-phone/</u>

PREPARATIONS:

- Have you completed your retreat prep for your presentations and watched your videos? These details can be found on your E-Learning Training Platform. It is extremely important you log in. If you need any assistance in this please contact Janelle at info@synergeticplaytherapy.com ASAP.
- We will provide all of your training handouts for the weekend. Just bring something to write with. You may bring a laptop if taking notes electronically is your preference.
- <u>Please bring a small handful of toys for role playing sessions and whatever you would like for regulation.</u>
- Bring your current supervision log with client hours and self observation forms filled out as much as you were able to do.

WIFI:

• Complimentary wireless internet is available throughout the building. Simply select the "UBC Visitor Network", and accept the terms & conditions.

FOOD:

• You may bring your own beverages, lunches and snacks for the duration of the training. Food will not be provided. We will break 1 hour for lunch each day.

ATTIRE:

• Dress is casual and comfortable. We recommend dressing in layers.