

Melbourne Retreat: Please print for your reference:

LOCATION / DATES:

- **Adina Apartment Hotel Melbourne, 189 Queen St, Melbourne, VIC 3000.**
- August 26th - 28th: Orchid Room

RETREAT SCHEDULE:

Day 1:

- 9-12 Class
- 12-1 Lunch on your own for one hour
- 1-5 Class (We might end closer to 4:30, but plan on 5)

Day 2:

- 9-12 Class
- 12-1 Lunch on your own for one hour
- 1-4 SPT Presentations
- 4:15 - 5:15 Yoga

Day 3:

- 8:30 Mindfulness Practice
- 9-12 Class
- 12-1 Lunch on your own for one hour
- 1-4 Class
- 5:00 SPT Community Dinner - appetizers will be provided

PARKING:

- Onsite parking is available at \$25 per car per day (subject to change)

PREPARATIONS:

- Have you completed your retreat prep for your presentations and watched your videos? These details can be found on your E-Learning Training Platform. It is extremely important you log in. If you need any assistance in this please contact Janelle at info@synergeticplaytherapy ASAP.
- We will provide all of your training handouts for the weekend. Just bring something to write with. You may bring a laptop if taking notes electronically is your preference.
- Bring to the retreat a small handful of toys for role playing sessions and anything that you would like to use for regulation.
- Bring your current supervision log with client hours and self observation forms filled out as much as you were able to do.

WIFI:

- Complimentary wireless internet is available throughout the conference room building.

FOOD:

- You may bring your own beverages, lunches and snacks for the duration of the training. Food will not be provided. We will break 1 hour for lunch each day. There are also many restaurants walking distance or a short drive from the event if you wish to go out to lunch. Recommend Dining Venues from Adina Apartment Hotel:

Hardware Lane - 0.21km

Section 8 in Tattersalls Lane - 0.63km

State of Grace - 0.63km

Bar Americano - 0.67km

Vue De Monde - 0.92km

Croft Institute in Croft Alley - 0.92km

ATTIRE:

- Dress is casual and comfortable. We recommend dressing in layers.