



## Becoming a Synergetic Play Therapy Supervisor

### 2020-2021 Course Description

In addition to the below, students are also required to complete a Legal and Ethics Supervision course and submit a supervision log showing no less than 2 supervision sessions a month during the course.

1.) *Being an SPT Supervisor - General Theory* - 1 hour live webinar, 2 hour video study

● **Sept 17th, 2020 from 5-6 pm (MST) Live webinar with Lisa**

In this class, supervisors-in-training will begin to explore the supervisory relationship through the Synergetic Play Therapy lens. Students will take the SPT principles and learn how to apply them to supervision while deepening our understanding of the skill we can help develop in our supervisees.

2.) *Independent Study - Application of SPT Principles through a Supervisory Lens* - 4 hours of independent work.

This course is designed to facilitate understanding of the finer details of SPT application so that you can support your supervisees through their client cases. In this independent study course, participants will be required to:

- Submit a 2 page paper describing their understanding of each of the SPT Supervisor Tenets
- Watch and analyze 30 min. from four of own recorded supervision sessions
- Meet with lead supervisor for one hour to review two 15 min segments from own recorded sessions and complete Supervisor Skill Sheet Evaluation (this will occur early December or January).
- Read *Aggression in Play Therapy*, and complete test if certified before 2019.

3.) *How to Supervise an SPT Supervisee* - 6 hours of video watching/1 hour a month.

Through the watching of recorded session videos and discussion, supervisors-in-training will explore common supervision issues. You will learn techniques and skills focused on helping you navigate the supervisory relationship and challenges that arise in the playroom. This will be a recorded video to watch each month on your own.

4.) *Clinical Issues in SPT Supervision - Groups* - meet for either 1 or 1.5 hr group sessions, depending on class size. **All classes begin at 5:00pm MST.**

● **Oct. 19th, Nov. 16th, Jan. 25th, Feb. 22nd, March 22nd, & April 19th**

This is an experiential course allowing supervisors-in-training to gain supervisory experience while receiving group support.